

Barrow Runners Club Championship 2021



1 mile	5k	10k	Half marathon	Total points	Position
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Male

Runner	Club	Age	1 mile	5k	10k	Half marathon	Total points	Position			
Tom	Worn	SM		00:21:32	97	00:44:30	93	01:40:53	97	287	1
Paul	Bentley	M40	00:06:35	100	00:22:31	96	00:47:35	89		285	2
Ian	Robinson	M50				00:41:25	98	01:33:29	99	197	3
Andrew	Unitt	M60		00:21:29	98			01:37:14	98	196	4
Jonathan	Rashleigh	M40	00:07:26	99	00:22:38	95				194	5
George	Hamlyn Williams	SM				00:43:09	95	01:41:50	96	191	6
Liam	King	SM		00:21:18	99	00:45:16	91			190	7
Bill	Phillips	M70	00:08:00	98		00:57:49	82			180	8
Alex	Toll	M50		00:18:39	100					100	9
Matt	King	SM				00:37:23	100			100	9
Ben	Plummer	SM						01:12:24	100	100	9
Ben	Hewson	SM				00:38:37	99			99	12
Kieran	Bailey	M40				00:41:31	97			97	13
Richard	Keep	M40				00:41:41	96			96	14
Neil	Cobley	M40						01:51:56	95	95	15
Jon	Foxall	SM				00:43:11	94			94	16
Nigel	Hillier	M60		00:24:04	94					94	16
Felix	Plasser	SM				00:45:09	92			92	18
Jon	Richardson	M40				00:47:05	90			90	19
Roger	Griffiths	M40				00:48:43	88			88	20
Jacob	Hewson	SM				00:49:47	87			87	21
Chris	Hinchliffe	M40				00:51:55	86			86	22
Andy	Leates	M50				00:53:41	85			85	23
Ian	Fisk	M40				00:53:57	84			84	24
Paul	Leaney	M60				00:56:44	83			83	25
Chris	Murray	M60				01:04:18	81			81	26

Female

Jo	Chappell	F70	00:25:10	99	01:10:20	93	02:21:57	87		279	1
Louise	Caskey	F40			00:22:57	98	00:47:34	97		195	2
Clare	Clarke	SF			00:29:50	96		02:13:29	98	194	3
Caroline	Wathan	F50					00:53:43	92	02:04:31	100	4
Lorna	Goodacre	SF			00:26:07	97	00:56:07	91		188	5
Kristie	Matthiae	SF			00:18:54	100				100	6
Susan	Wilson	F60	00:09:36	100						100	6
Kirsty	Hillier	SF					00:43:08	100		100	6
Liz	Robinson	F50						02:09:18	99	99	9
Fiona	Mee	SF			00:21:47	99				99	9
Vicky	Elston	F40					00:45:37	99		99	9
Laura	Mills	SF					00:45:39	98		98	12
Rachael	Martin	SF					00:49:08	96		96	13
Amanda	Rashleigh	F50			00:32:58	95				95	14
Kathy	Robinson	F50					00:49:40	95		95	14
Sarah	Wickerson	F40			00:35:55	94				94	16
Rachel	Gibbs	F40					00:50:13	94		94	16
Rebecca	Edmonds	F40					00:53:23	93		93	18
Amanda	Bailey	F40					00:56:33	90		90	19
Linda	Pullen	F60					00:58:34	89		89	20
Sophie	Noctor	F40					00:59:37	88		88	21

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