

Barrow Runners Club Championship 2022



Melton parkrun	Livingston Relays	Long Clawson 10k	Rothley 10k	Whaley Walthz Fell Race	Nottingham University 5 miles	Tara Kinder 10k	3 Club Challenge	Newark Half Marathon	Garendon Gallop 10k	Rotherby 8 LRRL	Charnwood Challenge	Shelton 10k	Leicester Half Marathon	Total points (best 7)	No. of Races Ran	Position
9th April	1st May	22nd May	7th June	25th June	7th July	15th July	TBC	14th August	21st August	4th Sept	18th Sept	18th Sept	18th Sept			

Overall Male Championship

Mark	Sadler	M60	96	85	95	80	98									454	5	1
Russ	Lewin	M40	100	99	100	92										391	4	2
Keith	Dennison	M60	88	82	92	77										339	4	3
Ian	Paramore	M50		93	99	93										285	3	4
Andy	Price	M50	97	91		89										277	3	5
Felix	Plasser	SM		92	98	86										276	3	6
Chris	Trzcinski	M60		88	97	88										273	3	7
Nigel	Hillier	M60	91	86	94											271	3	8
Paul	Leaney	M60	92			78	97									267	3	9
Joe	Darling	SM		84	93	79										256	3	10
Andrew	Unitt	M60	98				99									197	2	11
Alex	Watts	SM	99	96												195	2	12
Rich	Keep	M40		96		97										193	2	13
Richard	Giles	M40		97		91										188	2	14
Luka	Yates	SM	93	89												182	2	15
Luke	Martin	M40	94			85										179	2	16
Ben	Spencer	M40	95			83										178	2	17
Paul	Bentley	M40			96	81										177	2	18
Liam	King	M40		90		87										177	2	18
Matt	Riley	SM	90	87												177	2	18
Bill	Phillips	M70	86			76										162	2	21
Jon	Foxall	SM		100												100	1	22
Ben	Plummer	SM				100										100	1	22
Tim	Hartley	M50					100									100	1	22
Mats	Vermeeren	SM		99												99	1	25
Ollie	Hatton	SM				99										99	1	25
Matt	King	SM				98										98	1	27
Andy	Gatward	M40				96										96	1	28
Kyle	Black	M40				95										95	1	29
Danny	Butcher	SM		94												94	1	30
Rob	Phillips	M40				94										94	1	30
Neil	Cobley	M40				90										90	1	32
Steve	Ballard	SM	89													89	1	33
Andy	Simpson	M40	87													87	1	34
Jonathan	Rashleigh	M40	85													85	1	35
Malcolm	Cook	M50				84										84	1	36
David	Robson	M50		83												83	1	37
Neil	Jones	SM				82										82	1	38

Overall Female Championship

Kathy	Robinson	F50	98	92	98	96	100									484	5	1
Sallyann	Harper	F40	99	97	99	99										394	4	2
Rebecca	Chandler	SF	97	88	96	95										376	4	3
Claire	Dennison	F50	96	90	95	91										372	4	4
Susan	Wilson	F60	91	81	91	85										348	4	5
Kirsty	Hillier	SF	100	98	100											298	3	6
Monique	Raaijmakers	F50		95	97	94										286	3	7
Lorna	Goodacre	SF		87	93	90										270	3	8
Ann	Hillier	F60	94	82	92											268	3	9
Jo	Chappell	F70	89	80	90											259	3	10
Kristie	Matthiae	F40		100		100										200	2	11
Rachael	Martin	SF		91		97										188	2	12
Louise	Caskey	F40		89	94											183	2	13
Naomi	Steel	F40		86		92										178	2	14
Louise	Johnson	F40		85		93										178	2	14
Amanda	Rashleigh	F50	92			84										176	2	16
Rachel	Bentley	SF		99												99	1	17
Laura	Mills	SF				98										98	1	18
Vicky	Elston	F40		96												96	1	19
Toni	O'Donovan	F40	95													95	1	20
Sharon	McGowan	F50		94												94	1	21
Linda	Pullen	F60	93													93	1	22
Fran	Bolt	SF		93												93	1	22
Simone	Clarke	F40	90													90	1	24
Louise	Garner	F40				89										89	1	25
Rebecca	Edmonds	F40				88										88	1	26
Joanne	Kirk	F40				87										87	1	27
Sophie	Noctor	F40				86										86	1	28
Sue	Taylor	F60		84												84	1	29
Helen	Taylor	SF		83												83	1	30

