

Barrow Runners Club Championship 2026



14/5 + 22/10	Mad Mile
31st May	West End 8
9th June	The Pint and Pork Scratchings 5
11th July	VictoriaEnbankm ent Parkrun
22nd July	Three Club Challenge
26th July	Garendon Gallop
5th August	Joy Can 5
16th August	Newark Half Marathon
13th Sept	Hose 10
19th Sept	Equinox 10k
4th October	Rotherby 8
17th October	Watermead Parkrun
Total points (best 6)	
No. of Races Ran	
Position	

Overall Male Championship

Overall male Championship																		
Danny	Hall	SM	95	90	87	94										366	4	1
Richard	Keep	M50	92	91	83	95										361	4	2
Ian	Paramore	M60	83	82	79	91										335	4	3
Reuben	Sneller	SM	100		94	100										294	3	4
Ian	Hawley	M40	98	97	98											293	3	5
Michael	Cheverton	SM		100	99	88										287	3	6
Danny	Nye	SM		92	92	97										281	3	7
Chris	Bowles	M40	94	94	89											277	3	8
Felix	Plasser	M40	91	87		96										274	3	9
Luke	Martin	M40		84	82	89										255	3	10
James	Woodford	M40	87	77	84											248	3	11
Chris	Trzcinski	M60	82	81	80											243	3	12
Keith	Dennison	M60		78	73	86										237	3	13
Mark	Sadler	M60	79	80	77											236	3	14
Paul	Leaney	M70	81	79	74											234	3	15
Steve	Bramhall	M50	75	74	75											224	3	16
Adam	Law	SM		95		99										194	2	17
George	Burdett	M50	97		95											192	2	18
Jamie	Greaves	M40	96		96											192	2	18
Richard	Perkins	M40			93	98										191	2	20
Jamie	Shephard	SM	93		97											190	2	21
Liam	Harvey	SM	99	86												185	2	22
Mats	Vermeeren	SM	89		90											179	2	23
Daniel	Bowles	M40	88	89												177	2	24
Neil	Humpage	M40		85	81											166	2	25
Paul	Bentley	M40			76	87										163	2	26
Josh	Ritchie	M40	84		78											162	2	27
Matthew	Wolloch	M40		88	70											158	2	28
Ted	Eglinton	M50	80	75												155	2	29
James	Williams	M40		73	72											145	2	30
Mark	Braithwaite	M60		72	71											143	2	31
Harry	Obrien	SM			100											100	1	32
Martin	Lewis	M40		99												99	1	33
Alex	Coleman	M40		98												98	1	34
David	Goodacre	M40				90										90	1	40
Andy	Gatward	M40		96												96	1	35
Adam	Vignali-Clarke	M40		93												93	1	36
Rob	Phillips	M50			91											91	1	39
Dylan	Osbourne		90													90	1	40
Tom	Piggin	SM			88											88	1	42
Antony	Armitage	M50			86											86	1	43
Malcolm	Cook	M50	86													86	1	43
Tim	Hackett	M40	85													85	1	45
Ben	Spencer	M40			85											85	1	45
Jonathan	Dent	M40		83												83	1	47
Mat	Richardson	M50				92										92	1	38
Ian	Robinson	M60				93										93	1	36
Neil	Jones	M40	78													78	1	48

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Kathy	Robinson	F50	87		86										173	2	15
Liv	Bent	SF	100												100	1	16
Kirsty	Hillier	F40		100											100	1	16
Millie	Crane	SF	98												98	1	18
Terri	Cooper	F40			97										97	1	19
Louise	Male	F40	96												96	1	20
Dawn	Storer	F60		95											95	1	21
Kristie	Matthiae	F40	94												94	1	22
Naomi	Steel	F40			93										93	1	23
Liz	Robinson	F60				93									93	1	23
Bo	Davis	SF		90											90	1	25
Catherine	Hedger	F40	89												89	1	26
Emily	Seagrove	SF			88										88	1	27
Katy	Young	F40			87										87	1	28
Angie	Sibley-White	F50	84												84	1	29
Wendy	Pinson	F40	83												83	1	30
Louise	Vendyback	SF	82												82	1	31
Joanne	Garfoot - White	F50	81												81	1	32
Claire	Delaney	F40	79												79	1	33
			48	41	47	24											

Barrow Runners Club Championship 2026



Mad Mile	West End 8	The Pint and Pork Scratchings 5	Victoria Embankment Parkrun	Three Club Challenge	Garendon Gallop	Joy Can 5	Newark Half Marathon	Hose 10	Equinox 10k	Rotherby 8	Watermead Parkrun	Total points (best 6)	No. of Races Ran	Position
14/5 + 22/10	31st May	9th June	11th July	22nd July	26th July	5th August	16th August	13th Sept	19th Sept	4th October	17th October			

Vet Male Championship

Ian	Hawley	M40	100	98	100							298	3	1
Chris	Bowles	M40	98	95	97							290	3	2
Felix	Plasser	M40	97	92		99						288	3	3
Luke	Martin	M40		90	94	97						281	3	4
James	Woodford	M40	95	88	95							278	3	5
Jamie	Greaves	M40	99		99							198	2	6
Richard	Perkins	M40			98	100						198	2	7
Daniel	Bowles	M40	96	94								190	2	8
Paul	Bentley	M40			91	96						187	2	9
Josh	Ritchie	M40	93		92							185	2	10
Neil	Humpage	M40		91	93							184	2	11
Matthew	Wolloch	M40		93	89							182	2	12
James	Williams	M40		87	90							177	2	13
Martin	Lewis	M40		100								100	1	14
Alex	Coleman	M40		99								99	1	15
David	Goodacre	M40				98						98	1	16
Andy	Gatward	M40		97								97	1	17
Adam	Vignali-Clarke	M40		96								96	1	18
Ben	Spencer	M40			96							96	1	19
Tim	Hackett	M40	94									94	1	20
Neil	Jones	M40	92									92	1	21
Jonathan	Dent	M40		89								89	1	22
Richard	Keep	M50	99	100	97	100						396	4	1
Steve	Bramhall	M50	96	97	96							289	3	2
George	Burdett	M50	100		100							200	2	3
Ted	Eglinton	M50	97	98								195	2	4
Roger	Griffiths	M50		99								99	1	5
Rob	Phillips	M50			99							99	1	6
Mat	Richardson	M50				99						99	1	7
Antony	Armitage	M50			98							98	1	8
Malcolm	Cook	M50	98									98	1	9
Ian	Paramore	M60	100	100	99	99						398	4	1
Chris	Trzcinski	M60	99	99	100							298	3	2
Mark	Sadler	M60	98	98	98							294	3	3
Keith	Dennison	M60		97	97	98						292	3	4
Mark	Braithwaite	M60		96	96							192	2	5
Ian	Robinson	M60				100						100	1	6
Nigel	Hillier	M60	97									97	1	7
Jonathan	Reynolds	M60	96									96	1	8
Paul	Leaney	M70	100	100	100							300	3	1

Vet Female Championship

Lorna	Goodacre	F40	96	98	97	100						391	4	1
Louise	Dunn	F40	98		99							197	2	2
Bridie	Darcy	F40	97	99								196	2	3
Laura	Spencer	F40	94	97								191	2	4
Louise	Male	F40	100									100	1	5
Kirsty	Hillier	F40		100								100	1	6
Terri	Cooper	F40			100							100	1	7
Kristie	Matthiae	F40	99									99	1	8
Naomi	Steel	F40			98							98	1	9
Katy	Young	F40			96							96	1	10
Catherine	Hedger	F40	95									95	1	11
Wendy	Pinson	F40	93									93	1	12
Claire	Delaney	F40	92									92	1	13
Andrea	Winkless	F50	100	100	100							300	3	1
Claire	Dennison	F50		99	99	100						298	3	2
Kathy	Robinson	F50	99		98							197	2	3
Angie	Sibley-White	F50	98									98	1	4
Joanne	Garfoot - White	F50	97									97	1	5
Monique	Raaijmakers	F60	100	99	100	100						399	4	1
Ann	Hillier	F60	99	98								197	2	2
Dawn	Storer	F60		100								100	1	3
Liz	Robinson	F60				99						99	1	4
Susan	Wilson	F70	100		100	100						300	3	1

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